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News worth sharing



### Syncrude defends effort to save birds

The head of Syncrude Canada says he's personally upset over the latest incident involving dead birds on a company tailings pond. But Scott Sullivan said his staff did the best it could to prevent the 350 deaths Monday night and that all deterrence devices were working. Story, page 3.

# Galloway is coming to town

Former British MP puts Calgary on tour itinerary {page 9}

# Disasters claim more than 300

Volcano, tsunami leave behind horror in Indonesia {page 14}

# Disgraced ex-coach in custody

◆ Warrant listed allegations against Graham James from three new complainants ◆ One is former NHL star Theo Fleury ◆ Other two can't be named

Convicted sex offender Graham James surrendered to police at Toronto's Pearson International Airport yesterday and was whisked to Winnipeg, where he has been wanted on nine charges of sexual assault.

"I think there's one less predator on the street and he can't hurt any more kids," said former NHL star Theo Fleury, one of his accusers.

Police in the Manitoba capital issued a short news release saying the former junior hockey coach was arrested "through mutual agreement" and remains in custody.

No additional details will be released,

Fleury, who has published a tell-all autobiography alleging that James abused him starting when he was 14 years old, said he was pleased to hear James is once again behind bars.

"I understand that it does take a while to put an investigation together, put charges together and whatnot, so I'm pleased at this point with the result of



what happened today," he said from Toronto. "We'll just keep moving forward and trust in the legal system that we'll get justice."

Fleury added he is prepared to testify if the case goes to trial.

James, who coached the Moose Jaw Warriors, Swift Current Broncos and Calgary Hitmen, pleaded guilty in 1997 to hundreds of assaults on two teenage players, including former NHLer Sheldon Kennedy, and was sentenced to three and a half years in prison.

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#### **Cop facing** dangerous driving charges

Criminal charges are now being laid against a Calgary cop in relation to a Dec. 15, 2008 incident.

The Alberta Serious Incident Response Team (ASIRT) investigation led to charges yesterday against Sgt. Tony Braile, a 15-year CPS vet, for dangerous driving causing bodily harm

"This is a rare occasion. It is difficult for all of our members involved," said Calgary Police Deputy Chief Trevor Daroux.

The collision occurred at the intersection of 5 Street and 5 Avenue SW. Daroux said Braile was on duty and in a marked vehicle and in pursuit of a vehicle that was believed to be stolen.

Police policies and procedures were allegedly ignored in the pursuit of a vehicle that led to a crash that caused a 46-year-old man to suffer serious injuries.

Braile was not directly involved in the collision.

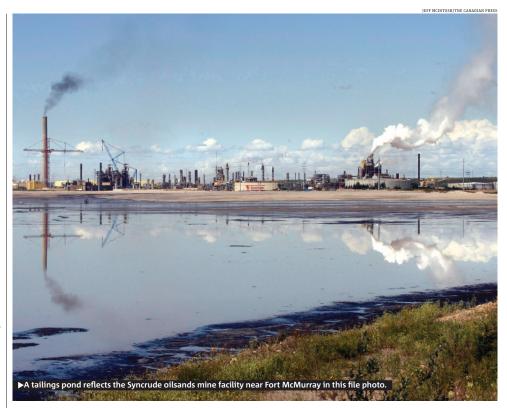
Clifton Purvis, executive director with ASIRT, acknowledged the investigation was lengthy but that it was necessary.

"This took a long time but I am confident it was done thoroughly," said

Braile was suspended with pay four months. He is set to appear in court on Nov. 23.

CANDICE WARD





# Bird deaths upset Syncrude boss

• Fowl had to be killed after landing on Syncrude's Mildred Lake tailings pond A handful of other birds died on nearby Shell and Suncor ponds

head of Syncrude Canada says he's personally upset over the latest incident involving dead birds on a company tailings pond.

But Scott Sullivan said his staff did the best they could to prevent the 350 deaths on Monday night and that all deterrence devices - flare guns, air horns and noise cannons were working.

That, he told reporters yesterday, is what makes the deaths even more of a head scratcher.

"Our response was very rapid. We had people out right away. We were able to access the (tailings pond) water much more quickly," said Sullivan.

"We've done everything we can to minimize the

impact of this event.
"When we fully deploy our deterrents - as we had in this situation — they have been effective."

The waterfowl had to be

killed after they landed on Syncrude's Mildred Lake tailings pond.

Syncrude says freezing rain may have forced the birds to ground and they point to other exhausted birds that were spotted on

roads and parking lots.
Syncrude has been in the public eye for two years over a protracted court battle in Alberta after it was charged for not preventing 1,600 ducks from landing and dying on

one of its tailings ponds in

Sullivan savs Syncrude has ramped up research in deterrence technology since the 2008 case and will work to more fully understand bird migratory patterns, specifically \$1.3-million through study it is funding through the University of Alberta. The money was part of the sentencing deal in the 2008 case.

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# Intimidation may be motive for cat decapitation: Cops

• August blaze was caused by two pallets at both exits of a house lit on fire Police say about six car windows were also smashed along the road between the cat owners' home and where the head was found



Police are saying a severed cat's head left on the doorstep of a northeast home may be an act of intimidation.

A CPS Arson Unit detective who was conducting a follow-up interview regarding a suspicious fire on the 7100 block of Temple Drive made the disturbing discovery Monday morning.

"It was not a random act," said Det. Scott Samp-

The home where the head was found belongs to potential witnesses in an August fire.

Police say they have some persons of interest in both the cat and fire cases and believe they are relat-

Police are worried the situation may escalate.

"We have grave con-cerns. Killing and maiming small animals are traits of a sociopath," said Samp-

The owners of the cat live nearby and were notified of the discovery.

"Obviously the owners were very distraught," said Sampson.

The three-year-old cat named Bell was identified by a tattoo inside its ear



#### Slain cats

On Aug. 18, a pet cat was found mauled by a coyote

and had been missing for about two days prior to the in a southwest community. In June, two cats were found cut in half in Edmonton.

discovery of the head. It is not known how long the head was there or whether the animal was dead before it was decapitated.

Anyone with any information is encouraged to contact police or Crime Stoppers.

#### Worker falls down manhole

Rescue workers responded to a construction site yesterday to retrieve a man who had fallen into an uncovered manhole.

Around noon, the Calgary Fire Department was called to Aspen

Green where it found a 27-year-old male who had fallen three metres. The man, a construction worker, was seriously injured upon arrival.

Firefighters completed a confined-space res-cue and were able to safely remove the worker from the manhole to a stretcher.

The rescue was completed within 10 minutes and the man was transported by EMS to hospital. METRO

# Pedophile denied overnight leave

A pedophile who drowned a five-year-old Calgary girl and stuffed her body into a garbage can has been re-fused more lenient parole.

The National Parole Board said it has turned down Harold Smeltzer's request for overnight leave from a Regina halfway

The board said Smeltzer has been assessed as being a high to medium risk of reoffending.

It also said Smeltzer has struggled with employ-

40 The number of young girls **Harold Smeltzer has** admitted to attacking.

ment issues and gets frustrated when staff place restrictions on where he can go in public.

Smeltzer served years of a life sentence for the murder of Kimberley Thompson. who snatched off the street in 1980 while on her way to kindergarten.

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#### Women sought for cancer study

Researchers are seeking post-menopausal Albertan women to participate in a breast cancer study, which will examine what amount of exercise women need to reduce their risk of breast cancer.

Women in Calgary and Edmonton between the ages of 50 to 74 can call 403-521-3532 to enrol.

#### **Pathway** makes úse of old tires

Recycled tires are getting new life in Calgary's northwest as the city is installing a rubberized pathway.

The environmentallyfriendly multi-use pathway on Charleswood Drive NW is set to be complete by the end of November. It measures 750

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TRADE VISIT

#### Stelmach headed to India

Premier Ed Stelmach is

Stelmach is headed to India on Nov. 1 to speak at the ninth International Petrotech 2010 Oil and Gas Conference in New Delhi.

His mission: To strengthen relations and bolster trade and investment ties.

market of more than one billion people, and this to advance our relationship with one of the world's fastest growing and most important economies," the premier said. "It's critical that we continue to build ties with emerging international markets that expand opportunities for Alberta products and services.

The cost of the trip is estimated at \$84,000.

#### **Honour for TransAlta** president

Stephen Snyder, president and CEO of TransAlta Corporation, was honoured last night during the 2010 Energy Person of the Year

The ceremony was held at the Telus Convention Centre and among those speaking was Alberta's premier, Ed Stelmach.

**●** METRO

"India represents a mission is an opportunity

#### Cops seek tips in vandalism

Cochrane RCMP are seeking assistance in finding the suspect or suspects responsible for vandalizing the Jumping Pound Hall.

Sometime between the evening of Oct. 23 and Oct. 24, the windows of the hall were damaged. Those with information can call 403-851-8000

**● METRO**

# Dentist's sweet deal for trick-or-treaters



Dental centre gives families \$1 for every pound of candy



While Halloween can be fun for the taste buds, one Calgary dentist is trying to candy ensure claim kids' teeth.

Following the treat-filled holiday, Dr. Thom Evans and Evans Centre for Dental Health and Wellness will be holding the third annual Halloween Candy Buy Back. In addition to giving cash for candy, the dental centre is giving kids entries to win an iPod Nano as well as door prize entries for parents.

"Halloween should be a dental holiday, a dental celebration," said Evans. "That sounds kind of silly but Halloween is a lot of fun ... The sad part is how much sugar is consumed.'

#### Candy buy back

- Dr. Evans says he hopes to have 300 families attend the buy back, double the number that came last
- The candy is thrown out after the buy back, to protect everyone's dental health.

Evans said he was inspired to start the buy back when he met an American dentist who was doing the same thing.

"The first year we did it we collected about 350 pounds of candy," he said, adding that last year the centre collected 900 pounds from local kids.

The candy buy back is on Nov. 1 from 4:30 to 7:30 p.m. at the dental centre located at the Market Mall professional building.

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Rénergie Lift Volumetry Dry, 50 mL, \$110. Rénergie Lift Volumetry Eye, 15 mL, \$80

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# ULCC concerned over downtown campus safety

Calgary Police Commission survey said 38 per cent of people were concerned with downtown safety



University of Lethbridge Calgary Campus (ULCC) officials say they will be taking a few extra security measures to ensure student safety when it moves downtown in January.

In a citizen survey released by the Calgary Police Commission Tuesday, only eight per cent of people polled said they strongly agree to feeling safe in downtown at night.

"We would rather be proactive than reactive," said Lorne Williams, director of the ULCC.

Seven hundred ULCC stu-

#### Location

 University of Lethbridge Calgary Campus is currently located on the SAIT campus.

dents will begin their semester in January at the Bow Valley Campus and Williams is confident in Bow Valley's existing securi-

Bow Valley already offers a Safe Walk program and Williams said they will be looking at expanding that program along with ensuring student handbooks provide information on awareness and cautiousness while in the core.

Allan Tam, the ULCC student representative and accounting student whose classes are primarily in the evening, says there is concern from some students.

"Every city this size will have some issues, but I generally think it is OK," said Tam.

Mike Shaikh, chair of the Calgary Police Commission, says the number of people who feel completely safe downtown at night concerns the Commission and the issue will be taken to the chief of police.

Thirty-five per cent of the 1,004 people polled also said they were not concerned by safety downtown.



#### Public Art: Open Spaces

Kirk has one of the two exhibits on display. These two exhibits will be on display in the Telus Convention Centre window at Centre Street and 7th Avenue C-Train station until mid-January.

#### Traditional and techno music team up at MRU

Young musicians from Mount Royal University's Conservatory are joining forces with technology to create a different sound.

On Nov. 20, the youth orchestra will team up with computer musicians to perform "Online," composed by Calgarian Laurie Radford. In addition to performing Online, the night will also include pieces from Beethoven and Mozart as well.

The classical musicians from MRU and the University of Calgary Laptop Ensemble perform at the Leacock Theatre at Mount Royal at 8 p.m. • METRO

Cost of the tickets for adults. Students, seniors and MRU alumni pay \$12. Tickets can be purchased by calling 403-440-7770.



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# Galloway takes aim at minister's Calgary riding

● Former U.K. politician to tour Canada ● Alleges he was slandered when Kenney branded him a terrorist

Firebrand U.K. politician George Galloway is bringing his fight with Jason Kenney straight to the immigration minister's Calgary riding.

The former British MP will launch a tour of 10 Canadian cities next month, including a stop in Calgary on Nov. 23.

Earlier this month in Toronto, Galloway donned a pair of red mittens as if they were boxing gloves, challenged Kenney to a public debate and promised to sue the minister for slander.

The gesture came after immigration officials let Galloway into the country following a Federal Court



ruling that was critical of the government.

Kenney pulled the welcome mat on Galloway last year because of his alleged financial support to the Palestinian group Hamas.

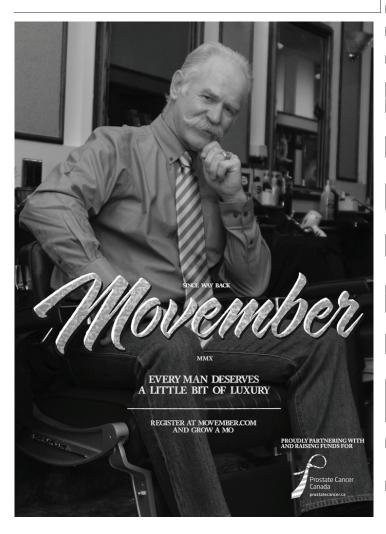
Ottawa considers Hamas a terrorist organization.

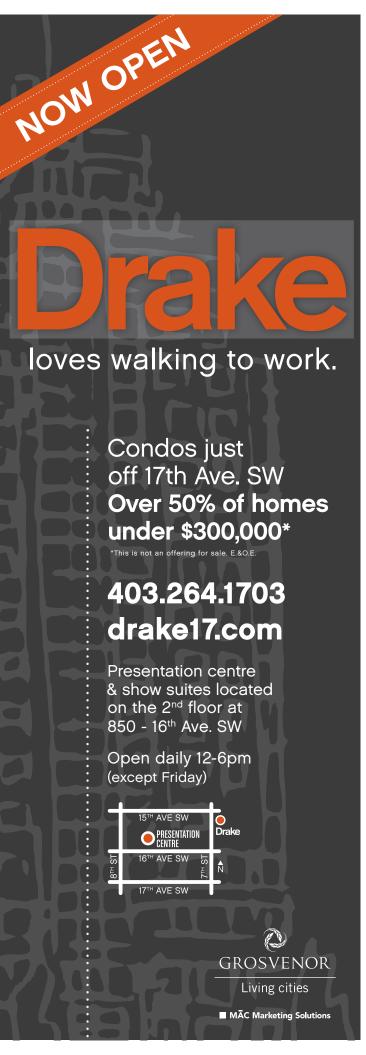
Kenney has said he disagrees with the judge's finding that the initial move to keep Galloway out of Canada was politically motivated.

Galloway's November tour will also take him to Halifax, Hamilton Ont., Toronto, Vancouver, Yellowknife, Edmonton, Winnipeg and Ottawa. It begins Nov. 17 in Montreal.

In a release, Galloway says he will speak about his fight with the Canadian government and the political situation in the Middle East and Asia.

THE CANADIAN PRESS





# **Minister answers** call for shorter waits

● Minister says targets will be in place by end of year ● Also directed Alberta Health Services to adopt specific performance measures

Alberta Health Minister Gene Zwozdesky is ordering shorter wait times in hospital emergency rooms after a doctor warned of a potential collapse of the system.

The new benchmarks call for patients who attend the emergency room and require hospital admission to be seen and transferred to the proper ward within eight hours.

Patients who visit the



emergency room but don't require an overnight stay

should be seen within four hours, according to the new targets.

Dr. Paul Parks, whose letter to the province prompted the health minister to take action, says he's encouraged that steps are being taken, but that without any firm timeline for enforcing the shorter wait times, the situation in emergency rooms is still a

"The kev is I have faith

in this. The minister has said this is a top priority," Parks said.

The NDP complains the real problems affecting emergency rooms are still not being addressed, including more long-term beds and more

staffing.
"It's just more smoke and mirrors," said Rachel Notley, NDP MLA and health critic.

THE CANADIAN PRESS

#### **Bodies** found near Millet identified

Police have confirmed media reports that the two people found dead in an apparent murdersuicide just outside of Millet on Sunday are Corinne Nicole Sellhorn, 34, and Ronald Stewart.

Sellhorn's body was found when Mounties responded to a call at the property just outside of town. RCMP then heard a single gunshot and later found Stewart's body.

Police are not releasing the cause of either of the deaths

■ METRO

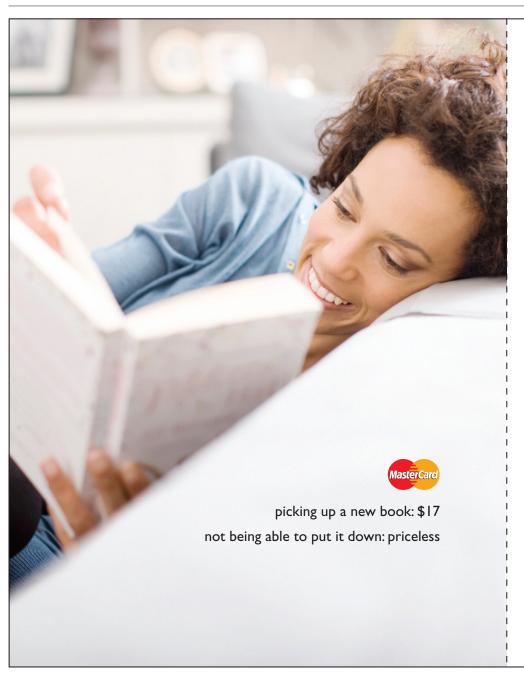
#### **Death row** inmate's lawver to seek stay

An execution date is to be set next week for the only Canadian on death row in the United States, but Ronald Smith's lawyer intends to ask for an immediate stay.

Greg Jackson says the judge can do anything he wants when Smith, 43, is brought to court in Philipsburg, Mt., on Nov.

Smith, who is from Alberta, has been on death row since he murdered two young Montana men in 1982

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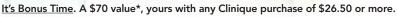


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# Can satire save America?

#### • Colbert, Stewart lighting a nationwide civility flame

It may go down as the perfect antidote to an American election cycle as bitter and vicious as any in living memory.

Political satire is headed this weekend to the capital of the United States.

Left-leaning comedians Jon Stewart and Stephen Colbert descend upon Washington's National Mall on Saturday for their joint Rally To Restore Sanity And/Or Fear.

The event is expected to attract tens of thousands of fans just three days before mid-term elections that could see Republicans regain control of Congress.

The same dynamic is playing out in towns and cities across the U.S.

"There are thousands upon thousands of us who are sick and tired of everyone calling everyone else a Nazi," said Jim Baum, coordinator of Saturday's Seattle rally.

"And we're coming out

#### **Hope for future**

- Saturday's rally in D.C. is now a viral phenomenon, with as many as 1,000 satellite rallies planned throughout the U.S. and far beyond.
- Some, like a copycat rally set for the Everest base camp, may amount to little more than a few like-minded souls coming together to commiserate over the polarized American condition
- But at least 50 will be fullfledged happenings driven by organizers who hope they will mark a turning point in the national conversation.

of the woodwork to say enough is enough — it is time for a return to civility so we can start addressing our real problems."

Baum anticipates at least 6,000 people will attend Seattle's edition, timed to coincide with the main rally in DC.

Stewart and Colbert both trade in fake news with Stewart playing a counterfeit newscaster and Colbert as the comic foil, a faux-conservative pundit.

While rumours abound that everyone from Oprah Winfrey to left-wing politico Ariana Huffington will join them in Washington, few are certain precisely what will unfold.

Whether it adds up to anything more than a gigglefest remains in doubt.

Even Seattle organizer Baum is unsure: "The hope is that after Saturday we can morph this into a sort of Civility Watch to celebrate people who encourage unity and rational debate in America."

More than 300,000 people on Facebook have said they intend to travel to Washington.

TORSTAR NEWS SERVICE





# Those Facebook 'friends' may just be hackers

▶ Firesheep lets you access someone's profile with a couple of clicks ▶ Twitter and Flickr vulnerable, too

Think twice before logging into Facebook with free WiFi access — unless you don't mind snoopers reading and potentially altering your profile.

A software developer is hoping to educate users about the dangers of using unsecured WiFi networks with a computer program that makes it fairly easy for anyone to hack into Facebook and Twitter accounts.

With a download of Firesheep, a plug-in for Mozilla's FireFox web browser, all it takes is a couple of clicks to access someone's profile on a variety of websites, also including the photo-sharing site Flickr and the Wordpress blogging platform.

The program sniffs out log ons over the network and connects Firesheep users with those accounts.

"Websites have a re-

#### The coffee test

- In just over 24 hours, Firesheep was downloaded more than 129,000 times.
- Ian Robertson, an IT professional in Ottawa, took his laptop to a couple of coffee shops to give the program a test drive. He was surprised how easy it was to use.
- To protect against getting hacked while using open WiFi, experts recommend another FireFox plug-in called HTTPS-Everywhere, created by the Electronic Frontier Foundation. It protects against data leaking out while using sites like Facebook, Twitter, Amazon, Wordpress.com bloos and PavPal.

sponsibility to protect the people who depend on

their services. They've been ignoring this responsibility for too long," wrote Seattle-based Eric Butler, explaining his program.

Butler said not all websites are vulnerable to Firesheep, but too many sites aren't secure enough.

While typed-in login information may be protected, the user-identifying information in cookies — small text files that websites access on a user's computer — is not.

computer — is not.

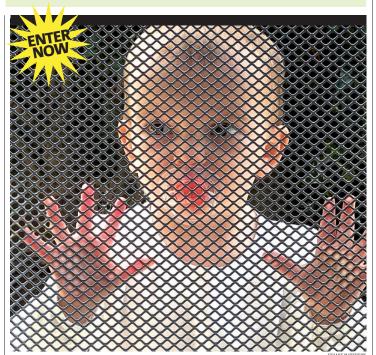
"On an open wireless network, cookies are basically shouted through the air, making these attacks extremely easy," Butler wrote.

"The only effective fix

"The only effective fix ... is full end-to-end encryption, known on the web as HTTPS or SSL."

A spokesperson from Facebook was not immediately available.

THE CANADIAN PRESS



Today's shot: Child Looking

Today's photo of the day is by Canadian Stuart Matthews and was submitted in the Emotions category. The photo is titled: Child Looking. Enter your photos today and view more pictures at metrophotochallenge.ca.



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# Disasters' death toll tops 300

▶ Indonesian officials say warning system installed after '04 tsunami was broken from lack of maintenance

The death toll from a tsunami and a volcano rose to more than 300 yesterday as victims of Indonesia's double disasters were found.

Hundreds were still missing after Monday's tsunami struck the remote Mentawi islands off western Sumatra, where officials were only beginning to chart the scope of the devastation. At least 311 people died as the huge wave, triggered by an undersea earthquake, washed away wooden and

bamboo homes, displacing more than 20,000 people.

About 1,300 kilometres to the east, the Mount Merapi volcano was mostly quiet but still a threat after Tuesday's eruntion

Tuesday's eruption.
President Susilo
Bambang Yudhoyono
rushed from Vietnam to
deal with the catastrophes,
which struck within 24
hours along the Pacific
"Ring of Fire," a series of
fault lines prone to
earthquakes and volcanic
activity. THE ASSOCIATED PRESS

36K

The eruption sent thousands streaming into makeshift emergency shelters, although the ash did not disrupt flights over Indonesia. About 36,000 people have been evacuated, according to the Indonesian Red Cross.



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# Quaid's wife's status may keep couple in Canada

Lawyer supports Evi Quaid's repeated claim that her father is a Canadian who moved to the U.S. to join FBI

One-time Oscar nominee Randy Quaid and his wife were released from custody yesterday after their bizarre flight from "Hollywood star whackers" took another unexpected turn when Evi Quaid learned she is actually a Canadian citizen.

Randy Quaid said in an interview with The Canadian Press that he and his wife were merely interested in buying a house in Vancouver when they came north last week.

'We looked at coming to Vancouver as basically just going across the street," Quaid said.

Added his wife: "We were coming up for a few days, we were going to



check out the idea of living here and then, what I call the fraudulent group of criminals.

Her husband cut her off. "There's issues back home that we are dealing with. We are being persecuted in some way but in some way to a very great extent, it's very terrifying,'

said Randy Quaid.

During an immigration hearing following their arrests last week the couple asked a Canadian immigration adjudicator for refugee status, saying they needed asylum from what they said in a statement were "Hollywood star whackers." Evi Quaid, 47, begged a

Canadian immigration adjudicator to allow them to stay, saying she feared for her 60-year-old husband's life after friends like actors David Carradine and Heath Ledger were "murdered" under mysterious circumstances. The CANADIAN PRESS

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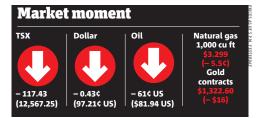
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#### Yahoo Mail gets Twitter feature

Yahoo! Inc. is updating its email service to attract more users and ward off defections to Google Inc.'s Gmail and socialnetworking sites.

Yahoo introduced a version of email yesterday that integrates posts from Twitter Inc. and delivers information at faster speeds.

The new service, still in a test phase, also improves searches, spam protection and the viewing of photos.

The company aims to counter social-communication sites like Facebook Inc. and keep from losing more users to Google, which is adding features such as video chats to Gmail.

#### The competition

Google built Gmail to make it easy to search for messages, rather than putting them in folders.

- Chrome Unlike Yahoo, Google also has its own web browser, Chrome.
- Mobiles Google also encourages users to sign up for email accounts on its phones.

Yahoo needs email to lure users to its web portal and sustain advertising, its biggest source of revenue.

@METRO



#### Car licensed to thrill

One of the world's most famous James Bond cars—the specially equipped silver Aston Martin first driven by Sean Connery in Goldfinger—was auctioned off yesterday in London for 2.6 million pounds (\$4.2 million).

# TV adverts shrinking

♠ Marketers on air more often with shorter ads ♠ Repetition helps to beat messages into viewers' heads

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TV commercials are shrinking along with attention spans and advertising budgets. The 15-second ad is increasingly common, gradually supplanting the 30-second spot just as it knocked off the fullminute pitch decades ago.

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"It used to be that the most valuable thing on the planet was time, and now the most valuable thing on the planet is attention," says John Greening, associate professor at Northwest-

#### Quickie ads

A 15-second commercial is ideal to remind people of products, stores or prices, but not to introduce them.

Shorter stand-alone ads Previously, 15-second ads were mostly edited versions of 30-second spots, but that's changing. Advertisers are now making shorter commercials as stand-alones.

ern University's journalism school and a former executive vice-president at ad agency DDB Chicago.

The number of 15second television commercials has jumped more
than 70 per cent in five
years to nearly 5.5 million
last year, according to
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#### WHAT DO YOU DO WHEN JOKE'S ON YOU?



When people hear I perform live comedy, they often say, "I could never do that. What if I bombed?"

llow me to offer a recent report from the front lines. I'm still removing the shrapnel.

I bombed this week. Badly. We're talking Hiroshima, Nagasaki, and Mike Myers' The Love Guru combined. This measured on seismographs. Picture Sylvester Stallone running toward the camera in slow motion with a fiery ball of unfunny expanding behind him.

Bombing is often called dying, but it's worse than death.

In fact, a doctor once told me that I might die while I was in hospital. I faced that possibility with quiet thoughtfulness.

But when I died on stage my response was something akin to a kid who drops his ice cream cone combined with those Pales-

tinian women you see mourning on television.

I've failed before during my seven years of performing. But it was usually with other performers and maybe lasted 10 minutes.

But this time I was the sole performer and I was performing

for, give or take, all eternity.
My job was to entertain
people during a fitness class
while they were on the floor doing their sculpting exercises. I
pretended to be The Before Guy

from TV commercial fame.

"When jokes

bomb on

television there's

often the sound

of crickets, but

man, I'd have

killed for a

cricket. I'd have

chatted it up ..."

This earned me vaguely sad stares — the sort of looks I expect to get 50 years from now

when people are saying, "They did a good job with the corpse."

After this 30-minute ordeal, the positive voices in my head tried to cheer me up: This schtick has worked elsewhere, a half-hour is a long time for solo improv, etc. But it was a scattered

was a scattered message, like the Liberal party's The negative voice in my head

The negative voice in my head had the message discipline of Stephen Harper: "You suck," it said, over and over.

When jokes bomb on

television there's often the sound of crickets, but man, I'd have killed for a cricket. I'd have chatted it up, asked where it was from, what it did for a living.

I would also have welcomed a tumbleweed. I could have left on it

As to the question, "What would I do if I bombed?" You feel bad, like you were dumped from a minor relationship, or you lost a hockey game in overtime.

And then you get over it. If you never leave the trench because you're afraid of bombs, you'll never win the war. Am I right?

Who's with me? (Sound of crickets.)



Read more of
John Mazerolle's columns
at metronews.ca/hesays

#### **Cartoon**

MICHAEL DE ADDER

# Clampdown useless: EU

**Re-examine policies** 



#### STEALTH LEADER



# Worth

mentioning

European air officials accused the United States of imposing useless and overly intrusive travel security measures, calling yesterday for the Obama administration to re-examine policies ranging from online security checks to X-raying shoes.

British Airways'

chairman made the first in a wave of complaints, saying in a speech to airport operators that removing shoes and taking laptops out of bags were "completely redundant" measures demanded by the U.S. He was joined less than 24 hours later by British pilots, the owner of Heathrow airport, other European airlines, and the European Union. The EU

submitted formal objections to a program that requires U.S.-bound travellers from 35 nations to complete online security clearance before departure. It called the system burdensome and said it could violate travellers' privacy. The EU said the U.S. Electronic System for Travel Authorization

would process some 13

million registrations from Europeans in 2009 alone. The program applies to Europeans who don't need visas to travel to the U.S.

The EU said it was "inconsistent with the often repeated commitment by the U.S. to facilitate trans-Atlantic mobility and legitimate travel and trade in a secure environment." THE ASSOCIATED PRESS Should advertised prices include taxes?

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#### Metro Minute at book sale

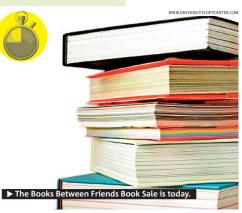
Need some new reading material? Check out the Books Between Friends Book Sale today from 9 a.m. to 5 p.m. The sale is in support of the Between Friends Club, which creates recreation opportunities for people with disabilities

Every type of book from mystery, to lifestyle, to children's books and much more will be available to purchase.

Pocket books are \$1, hardcover books are \$2 and children's books are 50 cents. The book sale is taking place at 1816–25 Ave. NE and runs until Saturday.

To arrange to donate books to the sale, call 403-291-5550.

KATIE TURNER



scene

Scene in brief



The Force can be with you — for a price. Christie's auction house says it is selling an original Darth Vader costume from the Star Wars movie franchise. The jetblack helmet, mask and armour worn by the intergalactic villain are expected to sell for between US\$250,000 and \$365,000 at a sale of pop culture memorabilia next month. THE ASSOCIATED PRESS



▶ Jerry Springer is celebrating its 20th season ▶ Springer says the show started to get 'crazy' when he decided to bring young people on ▶ Now, the idea of a midget standing on a table to start a food fight or passionately kissing her sister doesn't seem so shocking anymore



# The tumultuous 20

Springer's theatre of the absurd is like video wallpaper now, as he celebrated his 20th season on the air thias week with an episode filmed in New York's Times Square that plays back some of the memorable wig-pulling, chinsmacking and turkey-tossing moments of

the past.

Springer's show doesn't get high ratings, not like in the early 1990s when he briefly challenged The Oprah Winfrey Show for supremacy.

Springer infrequently stands on his show's stage, usually prowling with a microphone among audience members and acting like a ringmaster for themed programs such as Wives Battle Mistresses, Midget Holiday Hell and Guess What? I'm a Man! Transsexuals revealing their secret to dating partners.

Former U.S. Education Secretary William Bennett called talk show hosts like Springer "perpetrators of cultural rot," in a 1995



"I don't watch the show, but it's not aimed at 66-yearold men." news conference aimed at cleaning up daytime TV where he was joined by U.S. Sen. Joseph Lieberman, I-Conn.

Now Springer films his episodes in a production facility in Lieberman's hometown of Stamford, Conn.

Politicians have largely moved on from Springer. (Representatives for Bennett and Lieberman did not immediately return calls for comment.)

Many of the stations that air Springer pair his show with others hosted by Steve Wilkos, a former Springer security guard, and the colorful Maury Povich, he said.

Springer, a former mayor of Cincinnati, was a local news anchor in the same city when his station's parent company assigned him to host a new talk show. The first episode aired in September 1991.

At first, it was conventional, chasing after the same audience of middleaged women that Oprah Winfrey owned. Springer said he made his only substantive decision on the show's future: go young.

show's future: go young.

"We decided to have young people on the stage, young people in the audience and young subject matter," he said. "Well, young people are much more open about their lives. They're much wilder, and that's when the show started to go crazy."

For the first fight — an audience member rushing the stage to confront a Ku Klux Klan member — Springer didn't even have security guards. He worried the show would be in trouble. It wasn't.

When the show's rights were first bought out, "they said from now on we're only allowed to do crazy," Springer said.

"The culture of television changed," he said. "The world didn't change. There's nothing that's ever been on any of our shows that a grownup didn't know existed. There's nothing shocking in the show. What was shocking was that we had never seen it on television before." THE ASSOCIATED PRESS



# Pair of Avatar sequels planned

#### • Cameron working on scripts for 'self-contained' stories as follow up to blockbuster December 2014 and December 2015

writing the scripts for two Avatar sequels early next year, aiming to land the first one in theatres four years from now.

Executives at 20th Century Fox announced yesterday that Cameron has settled on two sequels to the blockbuster hit as his next film projects with plans to begin production in late 2011. The studio hopes to have the first of the as-yet-untitled sequels in theatres in December 2014, with the third movie in the franchise following in December 2015.

Cameron will decide whether to shoot the films back-to-back after he completes the scripts for the sequels to his sci-fi sensation. Set on the distant Pandora. Avatar is the biggest modern blockbuster, with \$2.8 billion at the box office worldwide.

"In the second and third films, which will be selfcontained stories that also fulfil a greater story arc, we will not back off the throttle of Avatar's visual and emotional horsepower, and will continue to explore its themes and characters, which touched the hearts of audiences in all cultures the around world." Cameron said in a news re-

"I'm looking forward to returning to Pandora, a world where our imaginations can run wild.

Cameron had been up in the air on what he would do next, telling reporters as recently as last week that he had not

decided whether to shoot another

continue and expand his vi-

sion of the world of Avatar,'

Fox studio bosses Jim Gi-

anopulos and Tom Roth-

man said in a statement.

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re-turning his WHO IS THE DIRECTOR OF DUE DATE? Avatar saga.

studio The was anxious to get back into the Avatar business.

"We had no higher priority, and can feel no greater joy, than enabling Jim to highest grossing movie of all time, it is a created uni-

"Avatar is not only the highest grossing movie of imagination and daring of Iames Cameron, who also raised the consciousness of people worldwide to some of the greatest issues facing our planet." Avatar

adof



tures

Cameraman says Bruno film crew

man

**COURTESY OF** nterprise

alien form who falls for a 10foot, blueskinned native of the distant moon Pando-

ra, where greedy humans wage war over the land's natural resources.

THE ASSOCIATED PRESS

#### roughed him up A cameraman sued Sacha Baron Cohen on Tuesday, ly returned. claiming his civil rights were violated when he was roughed up by a film crew

Sacha Baron Cohen, seen here as his character Bruno, is

being sued by a man saying he his civil rights were violated when he tried to film Bruno at a gay marriage rally.

shooting the comedian in character as Bruno during

a gay marriage rally.

Mike Skiff, a self-described gay journalist, scribed gay journalist, sued Baron Cohen and others involved in the 2009 film Bruno for more than \$25,000 in damages for alleged physical and emotional pain and suffering.

His lawsuit claims he was shoved, pulled and threatened with wooden signs as he filmed the comedian in character as gay Austrian fashion journalist Bruno.

The lawsuit said Skiff recognized Baron Cohen during the pro-gay mar-riage rally in downtown Los Angeles in Nov 2, 2008, and began filming him.

Footage posted on YouTube by Skiff's company, Third Rail Media, showed the actor-comedian standing among antigay marriage protesters who had also assembled in the streets.

A man is heard shout-"I know that's Bruno — I can get as much as I want," before being harangued by the crew. One portion of the video shows Skiff pulled away from Baron Cohen before police intervene.

An email sent to Baron Cohen's publicist, Matt Labov, was not immediate-

Skiff also claimed the actions of the Bruno crew violated his civil rights and that their appearance at the rally was intended solely to create conflict for the film.

Baron Cohen's in-yourface comedy has provoked several lawsuits since his 2006 film, Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan, became a smash hit, but courts have sided with the comedian.

Bruno also has sparked its share of legal wrangling.

In June 2009, Richelle Olson sued, claiming she suffered brain injuries when Baron Cohen caused her to fall after a confrontation at a charity bintournament Lancaster, Calif. The case is on hold while the woman's attorney appeals a court ruling.

In December, a Palestinian shopkeeper portrayed as a terrorist in Bruno sued Baron Cohen and others for libel and slander.

The Bethlehem shopkeeper and father is identified in the film as a member of the militant Al-Aqsa Martyrs' Brigade. He is seeking \$110 million, and the case remains pending in a Washington, D.C.

THE ASSOCIATED PRESS

#### **Hobbit movies staying in New Zealand**

Two \$500 million Hobbit movies will be made in New Zealand as originally planned, Prime Minister John Key said yesterday, after two days of crisis talks with Hollywood studio executives.

Senior executives from Warner Bros. and New Line Cinema won an agreement for a change in labour law and bigger tax breaks to keep the project in New Zealand after a dispute over pay and conditions for actors threw the production into turmoil last week.

The studios had warned that unless the threat of labour action was removed, production of the two movies would be moved to another country.



The dispute became a national issue in New Zealand, which received a huge boost to its tourism and film-making industries after The Lord of the Rings trilogy was made here. Hundreds of people marched in several cities

Monday to show their support for keeping production in New Zealand.

The Hobbit is J.R.R. Tolkien's prequel to The Lord of the Rings.

Key says the package includes an extra tax break of NZ\$20 million (\$15 million)

for the studios, on top of million pledged by the government.

Economists have said the overall value of producing the films in New Zealand would add up to 2 billion New Zealand dollars (\$1.5 billion) to the local economy — nearly 2 per cent of annual gross domestic production.

The crisis over production of the two movies unfolded after New Zealand Actors' Equity imposed an international "no work" boycott on the project last month after director Peter Jackson refused to hold talks on wages and conditions for local actors.

THE ASSOCIATED PRESS

#### **Album reviews**

#### | Borrow it 🕮 | Don't bother

#### **Swift speaks** to her peers

**Taylor Swift** Album: Speak Now Label: Open Road ---

The songs of Taylor Swift have an incredible ability to hit upon the universal themes of the post-adolescent all-American girl. They may not reflect reality, but they certainly play into the supposed-to-be reality of a sugar-and-spice world.

Her themes, supposedly drawn from her sheltered oh-so-perfect life, deal with heartache (Dear John), love found (Mine), lost love (Back to December) and love's betrayal (Mean). These are songs of the high-school prom. Even Innocent, the strangely patronizing

Jeremy Fisher Album: Flood Label: Aquarius ●●●½

There's an unbridled optimism about the music of Jeremy Fisher that would be hard to take if the Hamilton-born singer-



track written for Kanve West, is written from the perspective of the prom queen who's moment of glory is suddenly dashed by a steaming bucket of crap. And the title track Speak Now is a wonderfully crafted dream scene of what every young woman would like to do at an exboyfriend's wedding day. This is the appeal of Tay-

songwriter didn't drop in

the occasional bomb of a lyric like "... the things that we will do to see a

naked girl" in the song Naked Girl or the sublime-

ly understated "my sugar

makes you poor" in Laissez Faire. Wrapped in

lor Swift. She manages to capture that teen angst with an expert's eye while actually living it. She has an undeniable gift for melody and lyric. It's still to be seen whether she can carry this irresistibility with relevance into full adulthood Chances are that she will. **Outstanding** track: Dear John GRAHAM ROCKINGHAM

the melodies of a campfire singalong, tracks like these deliver their simple messages of social justice in a quietly effective manner.

Outstanding track: Shine a Little Light

GRAHAM ROCKINGHAM



**Diamond Rings Album:** Special Affections Label: Secret City

John O'Regan's solo work as Diamond Rings has experienced the kind of hype where only a flawless de-but album could justify it all. But Special Affections lives up to the impossible expectations even with

the GarageBand production and minimalist approach. Through hooky choruses and inventive arrangements, O'Regan's fixation with new wave and anthemic guitar riffs become as vivid as his multi-coloured makeup.

Outstanding track: On Our Own ocam lindsay



**Bryan Ferry** Album: Olympia Label: Virgin/EMI

**⊕⊕⊕**½

It's been eight years since Bryan Ferry, former singer of Roxy Music, released his last disc of original music and, it's a shame it took this long for him to put out this record. While the disc doesn't sound much like

his old band, it's still got that boundary pushing creativity that made him famous. The record is full of lush, epic and atmospheric pop sounds and it's loaded with A-list guests including Flea, Dave Stewart and David Gilmour. Outstanding track: Shameless.

♠ BRYAN BORZYKOWSKI



Warpaint

Album: The Fool Label: Rough Trade

The debut album from L.A.'s Warpaint is cut from a similar cloth as the ethereal and spacious dream pop Cocteau Twins popularized three decades ago. But The Fool is no homage, as the all-girl trio pack

their wispy harmonies and snaking guitar lines with sputtering post-punk rhythms. When they work best, the band produce dizzying, hypnotic results, like with the off-tempo pacing of Composure. Their debut is a confident and mesmeric statement. Outstanding track: Undertow ocam lindsay

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# Charlie Sheen trashes New York hotel room



\$7,000 damage Chooses hospital over prison Ex-wife Denise Richards was there with Sheen

Charlie Sheen was rushed to the hospital and put under psychiatric evaluation after reportedly causing \$7,000 worth of damage to a room at the Plaza hotel in New York, according to Life & Style

And while some reports claim the troubled actor suffered an overdose, witnesses say he was awake when paramedics arrived.

definitely "He was awake before leaving the hotel as he made the choice to go there and not the jail," the source says. "Charlie was incoherent but started screaming slurs at the cops.

"They recognized him immediately and gave him two options: they could take him to the hospital or take him down to the station. Charlie chose

"God has a crazy

way of

working, and

sometimes

when stuff

happens

the hospital "

Luckily, ex-wife Denise Richards was around to reportedly escort Sheen to the hospital, as the two had dined earlier that night.

"Denise had to go with the cops and leave the girls with a nanny. She looked distraught," a source says.

me?" she ponders

to Marie Clare magazine. "But

I needed that

wake-up call

#### **Celebrity tweets**

#### **Nicky Hilton**



quette lesson: if you aren't close with the host don't ask to

21

bring more than a plus one- it's rude!

#### **Danny DeVito**

[@Danny\_DeVito] can someone hack into twitter? I'm getting text messages on my

iphone. Then i was asked to type stop & I did..now I cant tweet from Iphone??



everything I

#### 50 Cent Name

[@50cent] I met this beautiful women tonight she's hot baby. I'm trying to score, she smells great. Wish me luck.

#### Longoria faces lawsuit over crash

Eva Longoria is being sued following a car accident she was involved in last week, according to TMZ.

The other driver, Roman Gasparyan, claims he suffered mentally and physically due to the crash. which he claims was caused by the Desperate Housewives star making "a sudden lane change into the median lane," the website reports. But a rep for Longoria says the lawsuit is bogus. "According to the police report, the other driver was clearly at fault and admitted the fault at the scene of the accident," her rep says. • metro

#### Looks like a new love for **Halle Berry**

Things seem to be moving quickly between Halle Berry and new boyfriend Olivier Martinez, as sources sav

the pair are looking into moving in together, a Hollyscoop. according

These two are so in love, they want to spend as much time together as possible. They hate being apart, even for one night, they can help it," source says.

"Since they both need to be in Hollywood for work. it made sense for Olivier to move in sooner rather than later. And the love the privacy of her place, although Halle says she can't wait to get to know Paris

#### **Talking points**

#### Tattooed on her heart

NO SPLIT. Kat Von D is using the opportunity of her current book tour to clear up some things about her love life, including rumors that she split from Jesse James and took up with ex-boyfriend Nikki Sixx. "I'm not dating Nikki," she tells USA Today. "We didn't get back together. Jesse and I didn't break up."

For the record, the famed tattoo artist is very happy with Sandra Bullock's ex-husband: "I've known Jesse for a long time, since I was 22 years old," she says. "I think he's probably one of the most kind-hearted, intelligent human beings."

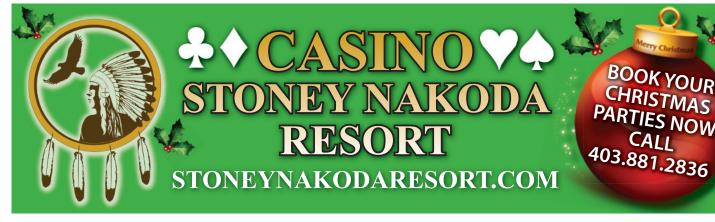
#### You thought he was important?

OBAMA. It seems Barack Obama has a lot of work to do if he wants to be more influential than some famous funny men. at least according to a poll conducted by Ask Men. The Web site tallied over half a million votes, and the president only came in at 21 on the list, with late-night host Conan O'Brien landing at 12 and "the Daily Show" host Jon Stewart taking the top spot, George Clooney came in at 18, beating the president as well.

You live and learn RIHANNA. The more than a vear and a half

that's passed has given Rihanna time to reflect on the pre-Grammy incident in which boyfriend Chris Brown assaulted her.







# Finding fashion in your costume

◆ As far as pop culture is concerned, Halloween is like one big popularity contest. ◆ Which characters will win this year? Here are our predictions for the popular celeb costume



Yes there's candy corn, bobbing for apples and blah, blah, blah.

But for many, Halloween ences and

is a litmus test for which celebrities, television shows, pop cultural references and movies have gone over big this year so far. While 2010 is destined to have the usual cast of suspects haunting the streets, a few unexpected faces have gotten our creative costume juices flowing this year.



#### Willow Smith's 'Whip My Hair'

We had reservations about Jada Pinkett and Will Smith's daughter with her team of two stylists and over-the-top red carpet looks. But it's impossible not to love her bumping debut single, Whip My Hair.



Rihanna

We aren't loving the Kool-Aid red color that Rihanna has been working for the past few months, fashion queen or not. METRO/KH





#### Eric Northman of True Blood

The tools: During season three, he blew past Bill The New Bad Guy Compton to become the show's most loved vampire. It doesn't hurt that he is also the hottest. (The ladies will love the new Halloween you.) He's got all of the ingredients of a costume party hit. Assembling his look is easy. Just put on a t-shirt, jeans and leather bomber jacket, all in black. The trickiest part will be nailing the makeup. You'll need to pile on lots of light foundation and experiment with eye shadow to get his pallid complexion and dark under-eye circles just right.



#### Joan Harris of Mad Men

The tools: Everyone's favorite drop-dead gorgeous office manager inspired a season's worth of runway trends. That should make it easy to craft your costume: the high street is filled with knockoffs of all those Harris-like tight cardigan sweaters, body-hugging dresses and knee-grazing skirts that Prada, Marc Jacobs and Louis Vuitton showed for autumn/winter '10. Oh. and don't forget the red lipstick, ginger wig and padded bra. The best part: you could conceivably wear your office-perfect Halloween costume again and again.



#### Snooki

The tools: This look is less about the clothes and more about the lack thereof. Start by gathering all of the hair spray you can find. Or save vourself the time and just buy an Elvira wig from your nearest costume shop. Next, the tan. Not just any old D.I.Y. product will do. It's got to be the darkest fake-bake-in-abottle you can find at the drugstore. Finally, buy a tank top, cover it in fabric glue, roll it around in glitter, and — most importantly — wear it as a dress.



#### **Lady Gaga**

The tools: The diva is a gold-mine when it comes to Halloween ideas. But serious costume party pros will want to be as au courant as possible, which means there's only one real option: The Meat Dress. To create this glorious wonder, you simply need to stock up on raw steak from your neighborhood butcher. (Don't go for pork or lamb, which doesn't look quite as bloody.) Find a sleeveless dress that has been cut on the bias. Break out the sewing kit and start attaching the beef to the dress. Et voilá! You are a walking PETA magnet! Happy



#### Sleeper hit: Antoine Dodson

The tools: "He's climbing in your windows. He's snatching your people up. ...So y'all need to hide ya kids, hide ya wife!"

Sound familiar? No. this is not some tale of the bogeyman, but lyrics from Bed Intruder Song '07, the iTunes hit based on the Internet sensation that was Dodson's impassioned, cringe-inducing evening news rant against his sister's attacker (15,764,912 views and counting.) While the Dodson look appears easy, it's also the trickiest. Do's: a black tank top and a red bandana around the head.







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# **Trying new theory**

◆ Theory puts fashion favourite Olivier Theyskens in charge of design ◆ Brings a spark of creativity to brand

The new theory at Theory, a brand best known for stylish, workhorse professional clothes, is to put fashion-world darling Olivier Theyskens in charge of artistic direction.

The company announced the appointment of the former Rochas and Nina Ricci designer to the top design spot on Monday.

day.

Theyskens had already started a capsule collection as a brand collaborator for the upcoming spring season, but this deal puts him in charge of all Theory collections starting with fall 2011.

"It is really exciting to be able to offer my point of view as a designer to a brand that holds a leading role in contemporary fashion. Working on all collections of Theory as well as Theyskens' Theory will enable me to explore various design directions and express my creativity in a new and broader way," Theyskens said in a statement. Theyskens won the Council of Fashion Designers of America award for international designer of the year in 2006, and earlier this year worked with publisher Assouline and photographer Julien Claessens on "The Other Side of the Picture," a coffee-table book that showed off fashion shows from the point of view of an artistic

THE ASSOCIATED PRESS





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#### STYLE

# Latifah to celebrate stylemakers

Award-winning singer and actress Queen Latifah will help pay tribute to the best and brightest of Canada's beauty industry as host of an upcoming awards ceremony.

The Golden Globe and Grammy winner will headline the P&G Beauty & Grooming Awards ceremony in Toronto on Nov. 11.

The Oscar nominee is a familiar face on the beauty landscape as a spokesmodel for Cover-Girl.

The awards honour the best in the country's homegrown beauty, grooming and fashion ed-



itorial content in addition to leading make-up artists, hair stylists, photographers and models. The independent judging panel includes womenswear designer David Dixon and interior designer Brian Gluckstein.



# Suit-your-space furniture

• These classic home furnishing tips can help you stay on top of latest trends as well as stay on top of your budget

#### **DECOR MOMENT**

KARL LOHNES HOME@METRONEWS.CA



There are probably not many decorating enthusiasts who haven't heard of home furnishings powerhouse retailer Crate and Barrel.

It is one of North America's most popular contemporary furniture and home accessories stores. If you don't happen to live near a store the company will ship you what you need from their online

shopping catalogue crateandbarrel.com.

I had a chat with Raymond Arenson, Crate and Barrel's executive vicepresident of merchandising and design to find out where trends in furniture are heading and asked him his thoughts on what classic furniture items every home needed.

Everitt Table: An affordable and versatile table; its base can hold a variety of table top sizes which makes it flexible to be a dining table, desk or con-

The base is actually two t-bars and requires no hardware so it conveniently comes apart and stores in a closet when the table is not needed anymore. With any tempered glass top it is suitable for outdoor use.

Stow Onyx Leather Storage Ottoman: Can serve as impromptu seating, extra storage, and by flipping its lid over, instant side table.

Walnut Mimic Cube: Alone, it's a trendy side table. In a group it becomes a coffee table and in a stack it can serve as an étagère.

Savannah Cane Rug (eight-by-10 foot): cause of its useful size, its neutral colour, and its ability to be used either indoors or outdoors, its as versatile as a rug can get.

Marina Lamp: It's dramatic in shape yet quiet at the same time. Its fully dimmable function can make it a source of full ambient lighting or soft accent lighting.

#### Trends

Where are we going with trends in furniture?

We've seen the furniture market flooded with espresso/verv dark wood tones. Wood furniture is lightening up to a dull, grayed-down, weathered looking wood tone and

colour, similar to driftwood. North America follows it trends from Europe and on my last visit there wasn't a stick of dark wood to be seen; the wood tones are definitely lightening up.

What about colour trends?

We've seen a lot of

brown/taupe colours mixed with strong punchy ones like fashionable orange, green and now blue. That is all changing; grey has become the new taupe and punchy colours are much more subdued: think colours that are slightly murky like purple with a dollop of brown or vellow with a khaki base.







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# Spook up your space



Nothing brings the spirit of Halloween to spooky life better than some great decorations that raise the fright factor. Whether you're enter-

taining some dressed-up

feared, and revered, on the block

denizens indoors or creating a terrifying outdoor frightfest for passers-by and trick-or-treaters, you naturally want to save money while still keeping things spine-chilling.

So turn a baleful eye towards a few of these more ghoulish goodies, if you











#### 1. SEVERED ARM \$1.99/CANADIAN TIRE

Cheap and disgusting, it certainly lends a hand to your Halloween decorations.

#### 2. LENTICULAR PRINT \$9.97/WALMART

The people in these seemingly benign family photos morph into terrifying abominations as you walk by.

#### 3. BOWL OF EYES \$9.99/CANADIAN TIRE

A multi-purpose accessory for both indoors and out.

#### 4. GRAVEYARD SET \$19/WALMART

Add instant dread with your own mini-graveyard complete with three tombstones and a bevy of spiders.

#### 5. FLASHING ARCHWAY \$49.99/ZELLERS

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#### FOG MACHINE \$25/WALMART

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Morrison: 403.257.9264 | Innovations by Jayman: 403.452.3160

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www.newbrighton-community.com









# Women get cosy in the Mom Cave

Many women are staking out an unused closet, basement or extra bedroom for themselves No extra room? Consider turning a stair landing into a mini-sanctuary

Roxanne Jacoby has a guest room in her Pennsylvania home that no guest has ever slept in. It's really her Mom Cave.

Outfitted with mementos and comfort items, it's the only room in the house she really calls her

"I've put in an alpaca throw, down pillows, a fan, my favourite scented candle, and a whole bunch of stuff that I want to read," says Jacoby. It's not like she couldn't

set all that up in a corner of the family room, but that "guest room" has an important feature: "I can close the door.'

Many women - and not just moms — are taking over some of the fallow ground at home and turning it into a haven to

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"My room's purple with green polkadots. It's got all kinds of silly things from my childhood - my light bulb collection, Dr. Seuss books and college letterman blanket." ROBYN FREEDMAN

pursue personal pursuits. They stake out an unused closet, basement nook or extra bedroom.

Some use the space to work without interruption — they've got it all set up with Wi-Fi, and maybe a TV. Others say none of that's allowed, just reading material and maybe a music player.

Lori Remien, a teacher

in Evanston, Ill., took over an unused nook off her daughter's room when she needed a place to work on her National Boards exams

a few years ago.
"I went to Ikea and bought a comfy wicker chair, a plush red rug and some pretty black and white curtains. It's still a great retreat where I can watch the shows the rest

of my family doesn't watch," she says.

York designer New Elaine Griffin embraces the Mom Cave concept and recently partnered with Homegoods in Manhattan to show some decor and space suggestions.

She says, "A Mom Cave is where the woman who nurtures everyone goes to nurture herself."

It's different from the quintessential "man cave," where men do manly, messy and sporty things, often involving a recliner, she notes.

"Mom Caves are fun, frankly feminine spaces, and they're personalized."

Here's what you need for your Mom Cave: a place to sit, storage space, an area to do what you

want to do and room to welcome occasional visi-

'Organizing your stuff makes your space feel bigger. I love bookcases you can hide in plain sight," says Griffin.

Colourful boxes and file folders work well; group an array of favourite photos in fun frames on the shelves. The Canadian press



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# Moxie's has a burger surprise waiting for you



Always-good Moxie's surprises this reviewer with GREAT food

#### LUNCH RUSH

ANDREE LAU

FOOD@METRONEWS.CA



A chain like Moxie's Classic Grill has survived the vears because remains consistent.

You know you're going to get decent food and agree-able service. So it was a pleasant surprise to discover that Moxie's makes one of the best burgers I've had in a long time.

The juicy veal patty is topped with crispy pancetta for a delicious twist on an old standard. The toasted kaiser bun holds everything in just so. Served with aged white cheddar, lettuce, tomato, pickles, red onion and

sweet pepper aioli, it's also

We were also happy a crispy pastry.

A Philly cheese steak

(\$11) was nicely done with melted peppered havarti and banana peppers giving it some flash

something for everyone especially burger lovers.

- 403-228-1447
- Rating: \*\*\*1/2
- Reservations: Yes

#### a steal for just \$14.

with an avocado spring roll (\$10) starter that successfully merges soft avocado with cilantro, sundried tomatoes and lime juice in

Moxie's diverse lunch menu of pastas, sandwiches and salads will have

#### Moxie's Classic Grill

- 1331 17th Ave. S.W.,
- moxies.ca
- Client negotiations: Yes

#### Recipe: Elegant pork tenderloin

#### **Preparation:**

- Cut tenderloin almost through lengthwise; open like a book. Place plastic wrap on top and under tenderloin: pound with rolling pin to flatten to even thickness. Set aside.
- In a medium saucepan or skillet, cook bacon and onion over medium-high heat until tender and browned. Stir in breadcrumbs, apple, walnuts, cranberries and sage. Moisten slightly with up to 50 ml (1/4 cup) broth until mixture holds together when pressed. Season with salt, pepper and more sage to
- Place tenderloin, smooth side down, on work surface. Press filling along length of centre third; roll meat around filling to enclose completely. Tie with string at 4-cm (1 1/2-inch) intervals. (Can be wrapped in plastic wrap and refrigerated

taste.

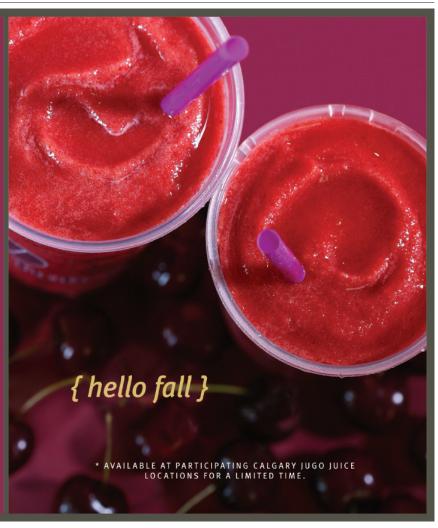
#### **Ingredients:**

- 1 pork tenderloin (625g) • 2 slices bacon, chopped
- 75 ml diced onion
- 175 ml dry seasoned breadcrumbs
- 1 apple, peeled, cored
- and chopped
- 75 ml chopped toasted walnuts
- 75 ml fresh or frozen
- cranberries, halved if large
- 5 ml chopped fresh sage
- leaves or 2 ml dried · Chicken broth or water
- Salt and pepper
- 30 ml olive oil

overnight at this point.)

- Place, seam-side-down, in lightly greased baking dish. Brush with oil. Sprinkle with pepper to taste. Roast in a 180 C (350 F) oven for 45 minutes until meat thermometer inserted in centre registers 71 C (160 F) or until juices run clear when pork is pierced and just a hint of pink remains inside.
- Let stand for 10 minutes slice into 2-cm slices.





# Conroy set to join elite club

● If veteran forward plays tonight, he will become one of 34 active players to reach 1,000 games ● 'I still love the game,' says 39-year-old

Craig Conroy came to the Flames' training camp with no guarantees he'd even make the team.

The 13-year NHL veteran accepted a one-year, two-way contract that pays the NHL minimum of \$500,000 US. Conroy is playing on Calgary's fourth line doing mostly grunt work.

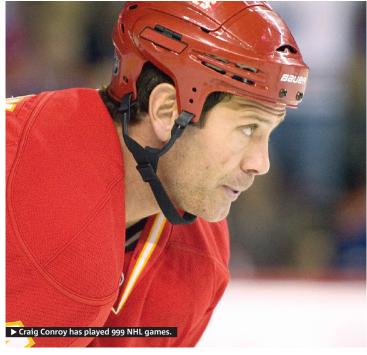
If it sounds like he had to swallow his pride, the eternally sunny and chipper Conroy doesn't see it that way. That attitude has brought the 39-year-old forward a game away from the 1,000th of his career.

"I still love the game," Conroy said. "I've seen guys over the years, they can't wait until their last contract is done and they're out. They've been injured, and it takes a lot to get them going in the morning and get on the ice.

"For me, when I come to the rink, I'm here to have fun. I'm here to enjoy myself. I always said if it wasn't fun I would quit."

Conroy is expected to be in the lineup tonight against the Colorado Avalanche and will join 33 others currently playing in the NHL who are in the 1,000-game club.

Conroy's teammates Jarome Iginla and Daymond Langkow were awarded their silver sticks last season. Ottawa Senators defenceman Sergei Gonchar played his



1,000th on Tuesday.

Conroy was drafted 20 years ago by the Montreal Canadiens, but played only 13 games for the Habs before moving on to St. Louis, Calgary, Los Angeles and back to Calgary again during the 2006-07 season.

The Potsdam, N.Y., native has 182 goals and 360 assists in his 999 games.

While never a prolific scorer, he's had a pair of 20-goal seasons for Calgary and another for Los Angeles during his career.

He's been that necessary player in the lineup who wins faceoffs, kills penalties and chips in the odd goal. Often overlooked is the fact Conroy played for the U.S. at the 2006 Olympics when he was having a strong season with the Kings.

The 2009-2010 season was disappointing for Conroy and the Flames as they missed the playoffs. Conroy didn't want to leave the game that way and was willing to scratch and claw his way back onto the team in order to keep playing.

THE CANADIAN PRESS

#### Giants hitters get best of Lee





GIANTS

RANGERS

The San Francisco Giants turned the World Series opener into an extra-long round of batting practice against Cliff Lee and the Texas Rangers. Freddy Sanchez sprayed

Freddy Sanchez sprayed balls down the lines. Cody Ross and Aubrey Huff hit line drives up the middle. Juan Uribe launched a shot far, far over the wall.

So much for the unbeatable Mr. Lee.

The Giants battered him and the bullpen, with Sanchez hitting three doubles and keying a six-run burst in an 11-7 romp last night that looked even more lopsided.

What shaped up as a pitchers' duel between Tim Lincecum and Lee quickly deteriorated into a rout.

By the end, the Rangers played like the World Series rookies they are — they made four errors, Ian Kinsler took a mistaken turn around first base and manager Ron Washington may have waited too late to pull his ace.

Showers are in the forecast for Game 2 tonight when Matt Cain and his 0.00 ERA in two playoff start takes on C.J. Wilson and the Rangers.

THE ASSOCIATED PRESS



Up and down

Jose Molina
The Toronto Blue
Javs have picked up

the option on the catcher's contract.
The \$1.2-million US option will take him through the 2011 season.





Lance Berkman
The Yankees
declined their 2011
option on the first
baseman-designated hitter. Berkman
would have been
due \$15 million US.

METRO WIRE SERVICES







#### **EASTERN CONFERENCE**

	GP	W	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	St
d-Tampa Bay	9	6	2	1	0	32	30	13	3-1-1-0	3-1-0-0	6-2-1-0	V
d-Montreal	9	6	2	1	0	25	21	13	3-1-1-0	3-1-0-0	6-2-1-0	V
d-Pittsburgh	10	5	4	1	0	30	25	11	2-3-0-0	3-1-1-0	5-4-1-0	- 1
Washington	9	6	3	0	0	25	21	12	4-1-0-0	1-3-0-0	6-3-0-0	V
Toronto	8	5	2	1	0	23	19	11	3-1-1-0	2-1-0-0	5-2-1-0	V
NY Islanders	9	4	3	1	1	26	23	10	2-0-0-1	2-3-1-0	4-3-1-1	
NY Rangers	8	4	3	1	0	28	24	9	1-2-1-0	3-1-0-0	4-3-1-0	
Atlanta	9	4	4	1	0	29	33	9	1-2-0-0	3-2-1-0	4-4-1-0	V
Philadelphia	9	4	4	1	0	25	24	9	3-3-0-0	1-1-1-0	4-4-1-0	V
Boston	6	4	2	0	0	18	11	8	1-2-0-0	3-0-0-0	4-2-0-0	
Carolina	8	4	4	0	0	21	23	8	1-1-0-0	3-3-0-0	4-4-0-0	- 1
Ottawa	9	3	5	1	0	21	28	7	2-2-0-0	1-3-1-0	3-5-1-0	V
Buffalo	10	3	6	1	0	27	30	7	0-4-1-0	2-3-0-0	3-5-1-0	
Florida	7	3	4	0	0	18	15	6	2-1-0-0	1-3-0-0	3-4-0-0	- 1
New Jersey	9	2	6	1	0	15	30	5	0-4-1-0	2-2-0-0	2-6-1-0	- 1

#### WESTERN CONFERENCE

	GP	w	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Strk
d-Nashville	8	5	0	3	0	21	17	13	2-0-3-0	3-0-0-0	5-0-3-0	W2
d-Los Angeles	9	6	3	0	0	26	22	12	3-0-0-0	3-3-0-0	6-3-0-0	L1
d-Calgary	9	6	3	0	0	26	21	12	4-1-0-0	2-2-0-0	6-3-0-0	W3
Chicago	11	6	4	1	0	32	29	13	4-3-0-0	2-1-1-0	6-4-1-0	W1
Detroit	7	5	1	0	1	23	18	11	3-0-0-1	2-1-0-0	5-1-0-1	W4
Dallas	8	5	3	0	0	26	22	10	2-2-0-0	3-1-0-0	5-3-0-0	L2
St. Louis	7	4	1	1	1	19	14	10	4-0-0-0	0-1-1-1	4-1-1-1	W2
Columbus	8	5	3	0	0	20	22	10	3-2-0-0	2-1-0-0	5-3-0-0	W2
Vancouver	9	4	3	0	2	24	24	10	4-0-0-1	0-3-0-1	4-3-0-2	W2
Anaheim	10	4	5	0	1	26	35	9	2-0-0-1	2-5-0-0	4-5-0-1	W1
Colorado	9	4	4	1	0	25	29	9	1-2-0-0	3-2-1-0	4-4-1-0	L3
Minnesota	8	3	3	0	2	23	23	8	2-2-0-1	1-1-0-1	3-3-0-1	L2
San Jose	7	3	3	1	0	19	21	7	1-2-0-0	2-1-1-0	3-3-1-0	L1
Phoenix	8	2	3	3	0	21	29	7	1-1-2-0	1-2-1-0	2-3-3-0	L3
Edmonton	7	2	4	0	1	15	21	5	2-2-0-0	0-2-1-0	2-4-0-1	L5

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results	
Atlanta 6 N.Y. Rangers 4	
Washington 3 Carolina 0	
Montreal 5 N.Y. Islanders 3	
Tampa Bay 5 Pittsburgh 3	
Chicago 3 Los Angeles 1	
New Jersey at San Jose	
Tuesday's results	
Anaheim 5 Dallas 2	
Calgary 5 Edmonton 4 (SO)	
Ottawa 5 Phoenix 2	
Philadelphia 6 Buffalo 3	

#### **CANADIENS 5, ISLANDERS 3**

First period

1. Montreal, Darche 1 (Halpern, Subban) 13:19

2. Montreal, Moen 1 (Plekanec, Gill) 17:54 (sh)

3. NY Islanders, Wisniewski 2 (Weight) 19:16

(pp) **Penalties** — Hillen NYI (interference) 3:32, Hamrlik Mtl (interference) 7:48, Subban Mtl

(roughing) 17:32.

Second period

4. Montreal, Plekanec 4 (Kostitsyn, Hamrlik)

7-33
Penalties — Moen Mtl (boarding) 8:43, Konop-ka NYI, Moen Mtl (fighting) 10:48, Bailey NYI (slashing) 14:31, Spacek Mtl (high-sticking) 18:41
Third period
5, NY Islanders, Tavares 6 (Wisniewski) 0:13 (py)
6, Montreal, Halpern 3 (Pouliot, Price) 6:566
2, NY Islanders, Melabet 2 (Wisniewski) 10:566

7. NY Islanders, Weight 2 (Wisniewski, Hillen)

8 Montreal Kostitsvn 6 18:58 (en) Penalties — Bailey NYI (goaltender interfer-

ence) 10:23. Missed penalty shot — Pouliot Mtl 7:11. Shots on goal by: NY Islanders Montreal 7 8 6 14 9 11 Montreal: 9 11 3 Goal – NY Islanders: Roloson (L,2-2-0). Mon-treal: Price (W,6-2-1) Power plays – NY Is-landers: 2-4. Montreal: 0-3.

#### Att. — 21,273 at Montreal. **LATE TUESDAY**

#### **CANUCKS 4, AVALANCHE 3 (OT)**

First Period
1. Colorado, Jones 3 (Hejduk, Hannan) 4:28 2. Vancouver, Tambellini 2 (D.Sedin, H.Sedin)

Toronto 3 Florida 1 Vancouver 4 Colorado 3 (OT) Tonight's games (All times Eastern) Toronto at Boston, 7 p.m

Phoenix at Detroit, 7 p.m.
Edmonton at Columbus, 7 p.m.
Florida at Ottawa, 7:30 p.m. St. Louis at Nashville, 8 p.m.
Washington at Minnesota, 8 p.m.
Los Angeles at Dallas, 8:30 p.m.
Colorado at Calgary, 9 p.m.

#### Penalties — McLeod Col, Glass Vcr (fighting) 3:34, Van Der Gulik Col (interference) 9:51, 5.34, Vall Der Gullk COI (Interference) 9:51, Stastny Col (tripping) 16:54, Kesler Vcr (holding stick) 17:41. Second Period

3. Colorado, Winnik 3 (O'Reilly, Quincey) 4:40 4. Vancouver, Kesler 3 (Erhoff, Edler) 7:31 (pp) Penalties — Dupuis Col (charging) 6:24, Bieksa

Vcr (interference) 15:12. Third Period

Third Period

5. Vancouver, Schaefer 1 (Erhroft) 4:58

6. Colorado, Duchene 2 (Hejduk, Stewart)

18:27
Penalties – None.
Overtime

7. Vancouver, Raymond 3:28
Penalties – None.
Shots on goal by:

Chapterware

8 16 15 0–20

Chapterware

8 16 15 0–20 Colorado 97:
Vancouver 16 8 16 15 0-39
Vancouver 16 8 5 1-30
Goal (shofts-save) - Colorado: Budaj (l. 10-1);
Vancouver: Luongo (W. 2-3-2). Power plays
(goals-chances) - Colorado: 0-2; Vancouver: 1-3.
Att. - 18,860 at Vancouver.

#### SCORING LEADERS

	G	Α	PT
Stamkos, TB	8	7	15
Getzlaf, Ana	3	10	13
D.Sedin, Vcr	7	5	12
B.Richards, Dal	3	9	12
Sharp, Chi	8	3	11
Hossa, Chi	7	4	11
Crosby, Pgh	6	5	11
Roy, Buf	5	6	11
C.Stewart, Col	5	6	11
Liles, Col	0	11	11
H.Sedin, Vcr	0	11	11
Alfredsson, Ott	5	5	10
Selanne, Ana	5	5	10
Perry, Ana	4	6	10
Not including last night's	games		

#### **MLB 2010 POSTSEASON**

#### WORLD SERIES

(All times Eastern) (San Francisco leads series 1-0) Last night's result
San Francisco 11 Texas 7
Tonight's game
Texas (Wilson 15-8) at San Francisco (Cain 13-

Texas (Wilson 15-8) at San Francisco Comital 11), 7:57 p.m. Saturday's game San Francisco (Sanchez 13-9) at Texas (Lewis 12-13), 6:57 p.m.

Sunday's game
San Francisco (Bumgarner 7-6) at Texas
(Hunter 13-4), 8:20 p.m.

#### GIANTS 11 DANGEDS 7

CIANID	ш	, r	v	٩I٧	IUEKS /		
Texas	ab	r	h	bi	San Francisco	ab r	h bi
Andrus ss	3	2	1	1	ATorrs cf	4 2	1 0
MYong 3b	4	0	0	0	FSnchz 2b	5 2	4 3
JHmltn cf	4	1	0	0	Posey c	5 0	1 1
Guerrr rf	4	0	1	2	Burrell If	3 1	0 0
N.Cruz If	5	0	1	2	Schrhlt rf	1 0	1 1
Kinsler 2b	4	1	1	0	C.Ross rf-If	5 1	11
BMolin c	4	2	2	1	A.Huff 1b	4 1	3 1
MorInd 1b	3	0	2	0	RRmrz p	0 0	0 0
Cantu ph-1b	1	0	0	0	Affeldt p	0 0	0 0
Cl.Lee p	2	0	1	0	BrWIsn p	0 0	0 0
O'Day p	0	0	0	0	Uribe 3b	4 1	1 3
DvMrp ph	1	0	1	1	Renteri ss	3 2	1 0
Ogando p	0	0	0	0	Lincem p	3 0	0 0
MLowe p	0	0	0	0	SCasill p	0 0	0 0
Kirkmn p	0	0	0	0	Romo p	0 0	0 0
Borbon ph	1	1	1	0	JaLopz p	0 0	0 0
Ishikaw ph-1b	1	1	1	1			

П		IP	н	ĸ	ĿК	RR	20
ı	Texas						
ı	Cl.Lee L,0-1	42-3	8	7	6	1	7
ı	O'Day	1-3	1	1	1	0	1
ı	Ogando	2	1	0	0	0	4
ı	M.Lowe	2-3	3	3	3	0	0
ı	Kirkman	1-3	1	0	0	0	0
ı	San Francisco						
ı	Lincecum W,1-0	52-3	8	4	4	2	3
ı	S.Casilla H.1	11-3	0	0	0	0	1
ı	Romo	2-3	1	0	0	0	1
ı	Ja.Lopez	1-3	0	0	ō	0	0
ı	R.Ramirez	1-3	1	2	2	- 1	0
ı	Affeldt	- 0	0	ī	ī	ī	0
_	Br.Wilson	2-3	1	0	0	0	0
ı	T-3:36. A-43,60		15)	at Sa	an Fra	ıncis	:0.

#### TRANSACTIONS

#### BASEBALL

MMERICAN LEAGUE
NEW YORK YANKEES — Exercised their 2011
contract option on RHP Andrew Brackman. De-clined to exercise 2011 contract options on INF/OF Lance Berkman, DH/1B Nick Johnson and RHP Kerry Wood.

#### **BASKETBALL**

NBA

NEW ORLEANS HORNETS — Exercised their fourth-year contract option on G Jerryd Bay-

#### **FOOTBALL**

NFL

CAROLINA PANTHERS — Placed LB Jamai Williams on injured reserve, Signed LB Abdul

Williams on injureur reserve. Injureur of libert hodge.
NEW YORK JETS — Signed DT Jarron Gilbert from the practice squad. Signed CB Will Billingsley to the practice squad. Signed CB Will Billingsley to the practice squad. ST. LOUIS RAMS — Signed S Michael Lewis. Placed DT Clifton Ryan on injured reserve. Signed CB Quincy Butler and LB David Dixon to the practice squad. Released LB Curtis Johnson from the practice squad.

#### HOCKEY

NHI

NTL

ATLANTA THRASHERS — Reassigned LW

Michael Forney from Chicago (AHL) to Gwinnett (ECHL).

#### **SOCCER**

#### **MLS PLAYOFFS**

#### **EASTERN CONFERENCE**

(All times Eastern) New York vs. San Jose New York vs. San Jose Saturday's game First Leg New York at San Jose, 10 p.m. Columbus vs. Colorado Tonight's game First Leg Columbus at Colorado, 9 p.m.

#### WESTERN CONFERENCE Los Angeles vs. Seattle Sunday's game

Sunday's game First Leg Los Angeles at Seattle, 8 p.m. Real Salt Lake vs. FC Dallas Saturday, Oct. 30 First Leg Real Salt Lake at Dallas, 5 p.m.

#### **ENGLAND**

#### LEAGUE CUP

Fourth Round Yesterday's results Aston Villa 2, Burnley 1 (extra time) Newcastle 0, Arsenal 4 West Ham 3, Stoke 1 (extra time)

#### **SCOTLAND**

LEAGUE CUP

Quarter-finals Yesterday's results St. Johnstone 2, Celtic 3 Kilmarnock 0, Rangers 2

#### **FRANCE**

**LEAGUE CUP** 

Last 16 Yesterdaya's results Guingamp 0, Marseille 1 Lille 4, Caen 1 Auxerre 4, Bastia 0 Lyon 1, Paris Saint-Germain 2 (extra time)

**GERMANY** 

#### **GERMAN CUP**

GERMAN CUP

Yesterday's results

Hallescher F. C. D. Duisburg 3

Eintracht Frankfurt 5, Hamburger SV 2

Hoffenheim 1, Ingolstadt 0

Alemannia Aachen 2. Mainz 1

Kickers Offenbach 0, Borussia Dortmund 0

(Offenbach wims 4-2 on penalties)

Elversberg 0, Nuremberg 3

Chemnit 1, Stuttgart 3 (extra time)

Borussia Moenchengladbach 1, Bayer Levarkscan 1 erkusen 1 (Moenchengladbach wins 5-4 on penalties)

#### **ITALY**

#### **ITALIAN CUP**

ITALIAN CUP
Third Round
Yesterdays' results
Frosinone 2, Reggina 4, OT
Udinese 4, Padova 0
Vicenza 1, Ascoli 0
Atalanta 0, Livorno 1
Cesena 1, Novara 3, OT
Bologna 3, Modena 2
Brescia 1, Cittadella 0
Cagliari 3, Piazenza 0
Crotone 0, Albinleffe 1
Catania 4, Varses 3, OT Catania 4, Varese 3, OT Lecce 3, Siena 2 Lazio 3, Portogruaro 0

#### **SPAIN**

#### COPA DEL REY

COPA DEL REY Fourth Round First Leg Yesterday's results Real Union O, Sevilla 4 Logrones O, Valencia 3 Hercules O, Malaga 0 Mallorca 3, Sporting Gijon 1 Poli Ejido 1, Villarreal 1 Portugalete 1, Getafe 1 Xeroz 7 Leyanta 3 Xerez 2, Levante 3 Cordoba 2, Racing Santander 0 Valladolid 0, Espanyol 2 Real Betis 0, Zaragoza 1 Universidad de Las Palmas 0, Atletico Madrid 5

#### **NBA**

#### **EASTERN CONFERENCE**

ATLANTIC DIV	/ISION			
	W	L	Pct	GI
New Jersey	1	0	1.000	-
New York	1	0	1.000	-
Boston	1	1	.500	1/
Philadelphia	0	1		
Toronto	0	1	.000	
SOUTHEAST [	DIVISION			
	W	L	Pct	GI
Atlanta	1	0	1.000	-
Miami	1	1	.500	1/
Orlando	0	0	.000	1)
Washington	0	0	.000	1/
Charlotte	0	1	.000	- 1
CENTRAL DIV	ISION			
	W	L	Pct	GI
Cleveland	1	0	1.000	-
Chicago	0	1	.000	
Detroit	0	1	.000	
Indiana	0	1	.000	
Milwaukee	0	1	.000	
WESTERN C	ONFERE	N	CE	

SOUTHWEST D	IVISION			
	W	L	Pct	GB
Dallas	1	0	1.000	_
New Orleans	1	0	1.000	-
San Antonio	1	0	1.000	-
Houston	0	1	.000	1
Memphis	0	1	.000	1
NORTHWEST D	IVISION			
	W	L	Pct	GB
Denver	1	0	1.000	-
Oklahoma City	1	0	1.000	_
Portland	1	0	1.000	-
Minnesota	0	1	.000	1
Utah	0	1	.000	1

PACIFIC DIVISION	ON			
	W	L	Pct	GB
L.A. Lakers	1	0	1.000	-
Sacramento	1	0	1.000	-
Golden State	0	0	.000	1/2
L.A. Clippers	0	0	.000	1/2
Phoenix	0	- 1	000	1

#### Last night's results

Last night's results New York 98, Toronto 93 Cleveland 95, Boston 87 New Jersey 101, Detroit 98 Miami 97, Philadelphia 87 Atlanta 119 Memphis 104 Sacramento 117 Minnesota 116 New Orleans 95 Miliwaukee 91 Oklahoma City 106 Chicago 95 Dallas 101 Charlotta 86 Dallas 101 Charlotte 86 San Antonio 122 Indiana 109 Denver 110, Utah 88 Houston at Golden State Portland at L.A. Clippers

Tuesday's results Boston 88 Miami 80 L.A. Lakers 112 Houston 110 Portland 106 Phoenix 92

#### KNICKS 98, RAPTORS 93

KNICKS 98, RAPTORS 93
NEW YORK 98)
Gallinari 3-94-12, Stoudemire 7-16 5-6 19,
Mozgov 0-10-00, Felton 6-14 2-2 15, Fields 4-80-011, Chandler 10-18 1-2 22, Douglas 5-90-10. Turiaf 3-4 2-2 8, Walker 0-6 0-00, Mason 0-31-11. Totals 3-88 315-179 5-70 TORONTO (93)
Kleiza 5-12 3-3 13, Evans 0-2 0-0 0, Bargnani 8-215-8 22, Jack 7-15 2-4 16, DeRozan 2-7 5-6 9, Barbosa 6-16 0-013, Calderon 2-8 0-04, Johnson 1-10-0 2, Weems 2-6 2-2 6, Andersen 3-6-11-8. Totals 36-94 18-249 22 24 98 Toronto 2-9 12-2 25 25 21 93
3-Point Goals—New York 7-24 (Fields 3-6, Gallinari 2-5, Chandler 1-3, Felton 1-4, Mason 0-1, 4, Mas

linari 2-5. Chandler 1-3. Felton 1-4. Mason 0-1. Walker 0-2, Douglas 0-3), Toronto 3-10 (Bargnani 1-1, Andersen 1-1, Barbosa 1-2, Calderon 0-1, DeRozan 0-1, Kleiza 0-1, Weems New York 53 (Stoudemire 10), Toronto 63 (Evans 16). Assists—New York 12 (Felton 6), Toronto 20 (Calderon 7). Total Fouls—New York 23, Toronto 20. Technicals—Calderon. Flagrant Fouls—Andersen. A—18,722 (19,800) Toronto

#### AMERICAN CONFERENCE

VINITIVICUIA		,,,,,	-	LINC	_	
EAST						
N.Y. Jets New England Miami Buffalo	<b>W</b> 5 5 3 0	1 1 3 6	0 0 0 0	Pct .833 .833 .500 .000	PF 159 177 111 121	PA 101 136 135 198
SOUTH						
Tennessee Houston Indianapolis Jacksonville	5 4 4 3	2 2 2 4	0 0 0	.714 .667 .667 .429	199 153 163 130	117 167 125 209
NORTH						
Pittsburgh Baltimore Cincinnati Cleveland	5 5 2 2	1 2 4 5	0 0 0	.833 .714 .333 .286	137 149 132 118	82 129 141 142
WEST						
Kansas City Oakland San Diego Denver	4 3 2 2	2 4 5 5	0 0 0	.667 .429 .286 .286	150 179 177 138	112 165 149 199
NATIONAL	CO	NFI	ERE	NCE		

Deliver	-	_	0	.200	100	1/
NATIONAL	CO	NFI	ERE	NCE		
EAST						
N.Y. Giants Washington Philadelphia Dallas	W 5 4 4	2 3 3 5	0 0 0 0	Pct .714 .571 .571 .167	PF 175 130 172 137	15: 13: 15: 15:
SOUTH						
Atlanta Tampa Bay New Orleans Carolina	5 4 4 1	2 2 3 5	0 0 0	.714 .667 .571 .167	169 98 147 75	13: 12: 13: 13:
NORTH						
Chicago Green Bay Minnesota Detroit	4 4 2 1	3 4 5	0 0 0	.571 .571 .333 .167	126 167 111 146	114 130 110 140
WEST						
Seattle Arizona St. Louis San Francisco	4 3 3 1	2 3 4 6	0 0 0	.667 .500 .429 .143	120 98 120 113	10 16 13 16
WEEK 8						

Byes: N.Y. Giants, Philadelphia, Chicago, At lanta, Baltimore, Cleveland

Sunday's games (All times Eastern)

Denver vs. San Francisco at London, 1 p.m. Washington at Detroit, 1 p.m. Washington at Detroit, 1 p.m. Buffalo at Kansas City, 1 p.m. Carolina at St. Louis, 1 p.m. Carolina at St. Louis, 1 p.m. Miami at Cincinnat, 1 p.m. Garen Bay at N.Y. Jets, 1 p.m. Green Bay at N.Y. Jets, 1 p.m. Tennessee at San Diego, 4:05 p.m. Minnesota at New England, 4:15 p.m. Seattle at Oakland, 4:15 p.m. Tampa Bay at Arizona, 4:15 p.m. Pittsburgh at New Orleans, 8:20 p.m. Monday's game Houston at Indianapolis, 8:30 p.m.

#### **CFL**

#### **WEEK 18**

#### EAST DIVISION

	GP	W	L	Т	PF PA	Pt
y-Montreal	16	11	5	0	480 415	22
x-Hamilton	16	9	7	0	436 372	18
x-Toronto	16	8	8	0	313 401	16
Winnipeg	16	4	12	0	419 434	8
WEST DIVIS	ION					

y-Calgary 16 11
x-Saskatchewan 16 9
Edmonton 16 6
B.C. 16 6
x — clinched playoff berth. 16 11 5 0 536 403 22 16 9 7 0 449 442 18 16 6 10 0 343 501 12 16 6 10 0 420 428 12

— clinched division title

Tomorrow's games (All times Eastern) Montreal at Toronto, 7 p.m. Hamilton at Calgary, 10 p.m.

Saturday's game Winnipeg at Edmonton, 7 p.m. Sunday's game Saskatchewan at B.C., 5 p.m.

FREE Family Fun Event Open to Public

USLIM HERITAGE DAY Saturday, Oct. 30, 10am to 6pm - Olympic Plaza, downtown Calgary

Attractions: Enjoy FREE Ethnic food, Henna designs, Calligraphy, Exhibits & Traditional dresses, Bazaar and many fun challenges and WIN Prizes.

"DISCOVER MUSLIM HERITAGE" a documentary movie screening followed by general discussion and Q&A led by Imam Khalid Griggs (USA) at EPCOR Centre from 4pm to 6pm. This movie explores thousand years of discoveries made by Muslims which became the foundations of our modern world science and technology. Starring Oscar-winner Sir Ben Kingsley, the movie received number of international awards including the Gold Award for Best Education Film at Cannes 2010. Read more at www.1001inventions.com

CNA CANADA

The Muslim Heritage Day (MHD) is a unique event that promotes a better understanding of Islamic culture, history, innovations and civilization to the public-at-large; while building bridges between the different communities.

Ph: 403-457-4266 • Email: ihmc.calgary@gmail.com www.ICNAcalgary.ca • www.MuslimHeritage.com

"Experience the Rich Muslim Tradition"

16

33

42

38

19

39

34

43

52

57

#### Crossword

1 Chic, 1960s style 4 Bypass

8 Blossom supporter

12 Pod occupant

13 Judy's daughter

14 Possess

15 Football field 17 Neighbourhood

18 Proof abbr.

19 Baseball field, in

part

. 21 Тар 24 Coffee vessel

25 Kyoto cummerbund

26 Put into words

28 Formal wear

32 Lima's land

34 Crazy

36 Canton's home 37 Move furtively

39 Tavern

41 Under the weather 42 Round Table ad-

dress

44 Caught in the act 46 Jai alai venue

50 Barracks bed

51 Emanation 52 Holes 10-18, in golf

56 Layer

57 Garfield's foil

58 Listener 59 Organic compound

60 Small pie

61 "Catcher in the —"

#### Down

1 Fuel economy stat 2 "— the fields we go

3 Rum cocktail 4 Microscope acces59

15

32

37

22

5 White wine aperitif 6 Preppy shirt brand

7 Mass hysteria 8 Hair salon request

9 Poi base 10 Tied

11 Anthropologist Margaret 16 Four mos. after 20-

20 See 16-Down

21 Dandies 22 First victim 23 Scot's chapeau

27 Shrill bark

29 California college 30 Cleo's river

60 31 Auctioneer's call

33 Straighten out, as a phone cord

35 Work on the

soundtrack

38 DIY buy 40 Pail

43 Automaton 45 Trinity member

46 Destiny 47 Destruction

48 Sandwich cookie 49 Zilch (Sp.)

53 Round fig.

54 Aye undoe 55 Prior to

#### Sudoku

			1	5				4
5		9		8		6		
					9			5
	9	2	8	4		1		
		8				3		
		6		3	5	2	7	
1			2					
		3		6		4		2
2				9	3			

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

TODAY

Max 6°

Min -6°

Yesterday's answer ▶

THURSDAY

Max 9°

Min -4°

2	1	5	4	3	7	8	6	9
4	8	3	9	6	2	5	7	1
7	6	9	8	5	1	2	4	3
6	9	4	2	8	5	3	1	7
1	7	2	6	4	3	9	5	8
3	5	8	7	1	9	6	2	4
5	4	1	3	2	8	7	9	6
9	3	6	5	7	4	1	8	2
8	2	7	1	9	6	4	3	5

FRIDAY

Max 9°

Min -3°

Andrew Schultz,

Meteorologist
"I get to spread the word

on how your day, evening or weekend will shape up with

our ever-changing weather here in Alberta". WEEKDAYS 6AM

### Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Happy 25th birthday Chris! I hope your day rocks! You're the BEST boyfriend a girl can ask for. I love you so much!

#### LOVE, SOUITTE XO

Mamusea, I love You so much! You are the Best Mom in the world! May all Your dreams come true!!! Wish You lots of love and happiness!!! YOUR DAUGHTER

To my sweet Maanum-O: I love you very much and I'm so proud of how far we've come! Happy Anniversary Baby! Kisses and huas, all day, every day, no problem!

#### LOVE, HEPPIE

Taylor, I've never been happier. I love you and I'm so glad I'm carrying our precious little one! Thanks for being the only one I will ever want. Love always, AMANDA-LYNN

#### TAries March 21-April 20 The bigger the challenge the more you like it and with Mars making the best possible angle to your sign this week you feel you could take on the world and win. Maybe you can, but why so drastic?

Today's horoscope

¥ Taurus April 21-May 21 An offer may look attractive but do vou know for certain what it's all about and can you be sure that the people you will be dealing with won't cheat you at some stage?

II Gemini May 22-June 21 You need to be more assertive, especially when dealing with people who think they can bully you into doing whatever it is that pleases them. You must stand up for yourself.

#### Gancer June 22-July 22 If

there are certain areas of your lifestyle that you feel are not as ordered or as efficient as they could be then start making changes. You may think vou lack discipline but vou

Ω Leo July 23-Aug.23 Life is minute and if you don't quite believe that now you will believe it by the end of the day as Mars moves in your favour. Put vourself about a bit.

My Virgo Aug. 24- Sept. 22 Like it or not you've got to move excuses and do whatever it takes to get yourself up to speed on the latest develop-

good and getting better by the

with the times, so stop making

For today's crossword answers and for expanded horoscopes, go to metronews.ca

#### ← Libra Sept. 23-Oct. 23 You

14

36

45

31 30

54

61

➤ Yesterday's answer

20

28

40

35

44

may want more independence but not everyone is willing to give it to you. Well that's too bad because you are in no mood to compromise. You cannot please everyone, nor should that be your aim.

M Scorpio oct. 24-Nov. 22 IS your brain plugged in? Let's hope so because you need to be on your toes today, especially where money matters are concerned.

#### 

Nov. 23-Dec. 21 Mars in your sign will give you superhuman levels of strength and stamina today. Your rivals and competitors won't stand a chance. That is if any of them have the guts to take you on.

#### り Capricorn Dec. 22-Jan. 20

You want to get along with people but the planets warn there are some individuals you need to be wary of. How do you tell who they are? They're the ones who try to interest vou in the latest "big thing".

Aquarius Jan. 21-Feb. 18 No matter how friendly an Aquarius you happen to be you will come across someone today who is impervious to your charms.

#### H Pisces Feb. 19-March 20

Mars, planet of energy, transits the career angle of your chart from today, so keep your senses on full alert because there will be at least one, and maybe several, opportunities. SALLY BROMPTON

**Caption contest** 

"Whoa boy! Next time remember your mouth wash." RICKIE BAKSH

You write it!

Write a funny cap tion for the image to the right and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro

WIN!





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# ONLINE INVESTING

#### Is self-directed investing right for you?

Over the last decade the Internet has shaped how consumers purchase goods and services. Investment products are no exception. With the availability and prevalence of investment information and online tools, a growing number of Canadian investors are managing all or some of their investment portfolio themselves.

For those people interested in self-directed investing, three questions they should ask themselves are:

- 1. Do I have a desire to have more control over my
- 2. Am I interested in building my investment knowledge?
- 3. Am I comfortable with the Internet?

If the answers to the above three questions are yes, then you should consider self-directed investing.

#### Test your online knowledge and keep score!

#### 1) What is a stock market? 3 points

- a. An exchange where investors trade securities
- **b.** A market for various types of company products
- c. A market where investment banks go to hire their professionals

#### 2) An investment in a mutual fund allows an investor to achieve all of the following benefits, **EXCEPT:** 3 points

- a. Guaranteed returns in excess of the returns on a benchmark index
- **b.** Diversifying among many different securities
- c. Managing and rebalancing between sectors and asset classes at the portfolio manager's discretion

#### 3) What is the best way to begin building an investment portfolio? 3 points

- $\boldsymbol{\alpha}_{\bullet}$  To purchase securities from a minimum of three and a maximum of six countries
- **b.** To determine a target asset allocation based on your risk tolerance and financial goals
- c. To allocate over 80% of the portfolio to illiquid investments such as private equity and real estate

#### 4) A lower-cost investment that allows an investor to replicate the performance of an index without having to physically trade all of the securities that comprise that index is called: 3 points

- a. A high-interest savings account
- b. An inflation-linked note
- c. An index Exchange Traded Fund (ETF)

#### 5) What is the best way that investors can educate themselves about the markets and investing? 3 points

- a. Read market trends and commentaries
- **b.** Use online learning resources like the ones available through RBC Direct Investing including our tailored learning plans that offer something for every level of investor - whether you're experienced or just starting out
- to practice online investing without the risk of using real money
- d. Doing all of the above for FREE with RBC Direct Investing Practice Accounts!

#### c. Opening up an online Practice Account in order

#### How did you score?

- 12-15 Excellent level of investment knowledge! You have a solid understanding of investment concepts and the wide range of products available to today's investors. With an RBC Direct Investing Practice Account, you can explore more advanced strategies.
- 8-11 Very good level of investment knowledge! You have a strong command of investment fundamentals and product types. You can learn about more complex products like ETFs and mutual funds and begin building practice portfolios with RBC Direct Investing Practice Accounts.
- **0-7** You are just getting started in the world of investments. An RBC Direct Investing Practice Account can help you build your investments knowledge so you will be confident to take on the world of self-directed investing.



#### **RBC Direct Investing™**



#### Gain experience investing online with a risk-free Practice Account.

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- Access to your portfolio any time, when it's most convenient to you.

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